

NHA UPDATES



Summer
BBQ at
Horace
Mann



Updates and Info from the RSD

**IN THIS NEWSLETTER
you will find
information on:**

- Fall Bus Trips
- Health and Wellness Program at NHA
- Updates and reminders from NHA

EMERGENCY MAINTENANCE:
617-964-8082
NHA MAIN LINE:
617-552-5501
CIPHER: EXT. 141
SERGEI: EXT. 142
XINYI: EXT. 143

Dear Residents:

We hope your Summer is going well and you are enjoying the beautiful weather. In this Newsletter, you will find announcements, details on Fall Bus Trips, and other general reminders from Newton Housing Authority. As usual, all bus trip sign-ups are on a **first come, first-served basis**, and the locations of pick-up stops are determined by the number of sign-ups at each property.

Staffing Updates:

We welcome **Amy Thibeault** as the new Maintenance Assistant.

Office Updates:

IMPORTANT: NHA office hours are changing starting 9/8/2026:

Monday: 8:00 AM – 4:00 PM
Tuesday: 8:00 AM – 4:00 PM
Wednesday: 8:00 AM – 4:00 PM
Thursday: 8:00 AM – 4:00 PM
Friday: **CLOSED to the public**

Sincerely,
Resident Services Department

Fall Bus Trips



Museum of Fine Art (MFA)

Thursday, September 3, 2026. 12pm-5pm

Join us to the Museum of Fine Art, where we first have lunch in the museum and explore paintings, galleries, and sculptures from around the world.



The Garden at Elm Bank

Thursday, September 10, 2026. 12pm-5pm

Join us for a day in an outdoor garden! Explore gardens, lands and walking trails!



The Boston Seafood Tour

Thursday, September 17, 2026. 12pm-5pm

Join us and discover some of the most iconic and historic sites, try lobster roll, clam chowder, fried clams and more during this walking tour in the heart of Boston!



The North End Food Tour

Thursday, September 24, 2026. 12pm-5pm

Join us for a food tour in the historic North End and try legendary foods such as pizza, meatballs, pasta and canoli!

Please note that due to limited seating, all sign ups are on first come first serve basis

Health and Wellness Programs

In partnership with the **Serenity PACE program**, we will be offering health and wellness programs at our properties in the near future. Below please find program locations and schedules:

- **Exercise Program**

Location: Hamilton Grove community room

Address: 541 Grove St Newton MA

Time: 1pm-2pm

Dates: Tuesdays, 8/4, 8/11, 8/18, 8/25

- **Health Screening and Resource Connection Event**

Location: St. Jean's community room

Address: 239 Watertown St Newton MA

Time: 12pm-1pm Health Clinic and 10am-4pm Resource Connection

Dates: Mondays, 8/3, 8/10, 8/17, 8/24

All events are generously sponsored by **Serenity Care PACE** in Newton. PACE (Program of All-Inclusive Care for the Elderly) is a care model that provides older adults health care and community support. Services include: **Adult Day Care, home care, meals, primary care, transportation and social services.**

We hope you have a safe and healthy Summer!



To sign up, please contact Serge at 617-581-3127 spahirya@newtonhousing.org or Xinyi at 857-345-0820 xliu@newtonhousing.org

General Updates from the Newton Housing Authority



➤ NHA Public Meetings:

The Newton Housing Authority holds monthly Board of Commissioner meetings that are open to the public and typically held on the 2nd Friday of the month. Please refer to **City of Newton Electronic Posting Board** (Go to <https://www.newtonma.gov/home>, click on “Government”, “City Clerk”, “City Council”, and “Electronic Posting Board” for the **most updated information on the meetings.**

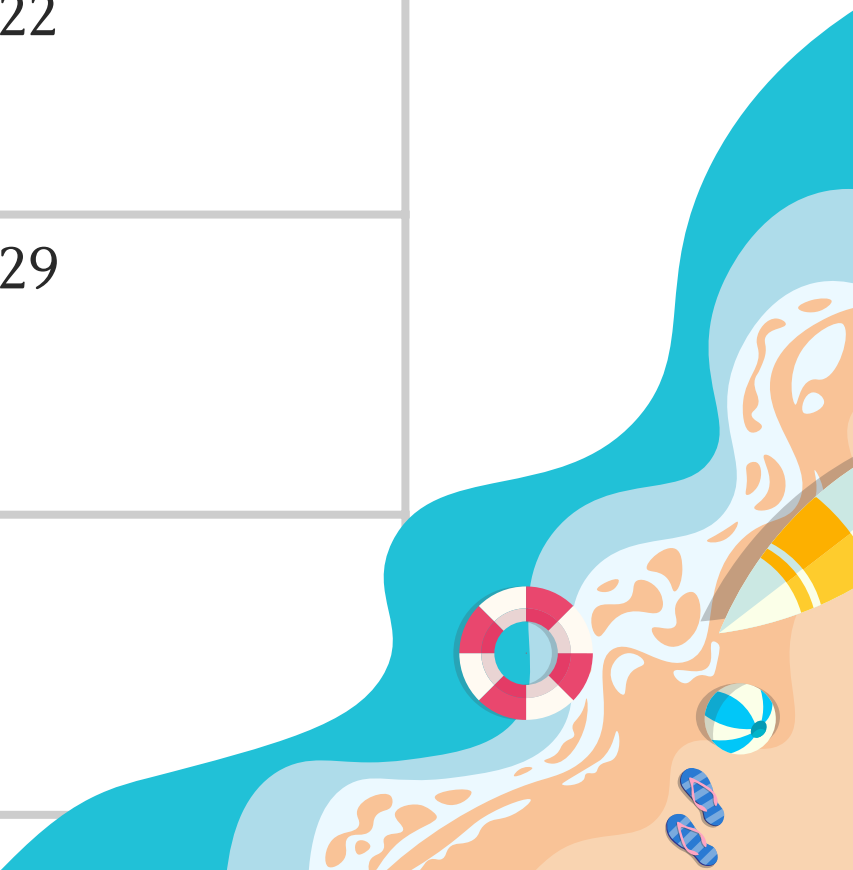
➤ NHA Reminders:

- **NHA is actively conducting pest control on many of our properties. Please do not move/remove the pest control bait stations on the properties.**
- In accordance with our pet policy, all pets need to be approved by NHA. Please also make sure your pets' vaccinations are up to date. Residents are solely responsible for cleaning up pet droppings on the property grounds
- Please indicate your name and address on checks
- Please leave trash inside the trash barrel/dumpster and recycle items in the designated barrel
- Please note **ALL** NHA federal properties are smoke-free. Smoking on the property is considered a lease violation.
- Please do not leave shopping carts on the property. You are responsible for returning the shopping carts to the grocery store to which they belong



AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 10am-4pm Resource Program 12pm-1pm Health Screening at St. Jean's	4 1pm Exercise Class at Hamilton Grove	5	6	7 NHA Office Closes at 12pm	8
9	10 10am-4pm Resource Program 12pm-1pm Health Screening at St. Jean's	11 1pm Exercise Class at Hamilton Grove	12	13	14	15
16	17 10am-4pm Resource Program 12pm-1pm Health Screening at St. Jean's	18 1pm Exercise Class at Hamilton Grove	19	20	21	22
23	24 10am-4pm Resource Program 12pm-1pm Health Screening at St. Jean's	25 1pm Exercise Class at Hamilton Grove	26	27	28	29
30	31					



SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7 LABOR DAY ★ ★ NHA Office Closed	8	9	10	11 NHA Office closed to the public. Phones will be off.	12
13 HAPPY GRAND PARENTS DAY	14	15	16	17	18 NHA Office closed to the public. Phones will be off.	19
20 	21	22 <i>hello Autumn</i>	23	24	25 NHA Office closed to the public. Phones will be off.	26
27	28	29	30			

