

NHA UPDATES

Dear Residents:

We hope your Summer is going well and you will have a relaxing Labor Day weekend. In this brief Newsletter, you will find information on **NHA staffing updates** and upcoming **flu shot clinics** at our properties.

Staffing Updates:

We welcome **Gabe Morales** as our new Groundkeeper and **Matt LeBel** as our new Administrative Assistant.

Departures:

NHA Executive Director, **Michael Lara**, has departed from the NHA. During this time, Amy Zarechian will serve as Acting Executive Director as we begin our search for a new Executive Director.

Diannelle Wing, LICSW, is also departing from her full-time position as of 9/4/2026 and will return as a part-time employee starting 9/14/2026.

Office Updates:

To better serve our residents and be available during normal business hours, below please find our most updated office schedule starting **9/8/2026**:

Monday: 8:00 AM – 4:00 PM

Tuesday: 8:00 AM – 4:00 PM

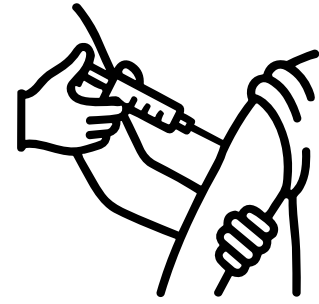
Wednesday: 8:00 AM – 4:00 PM

Thursday: 8:00 AM – 4:00 PM

Friday: 8:00 AM – 4:00 PM



Flu Shot Clinic



NHA is partnering with Newton Public Health Nurse to offer flu shot clinics for **all** residents and their family/PCA this Fall. If possible, please bring your health insurance card. If the resident and their PCA/family members do not have a health insurance card, they would **still be eligible** to receive a flu shot.

Date: Monday, 10/5/2026

Locations and times:

- 1pm: **Horace Mann** community room (8 Brookside Ave)
- 2pm: **St Jean's** community room (239 Watertown St)
- 3pm: **JFK/Haywood** House community room (111 Kennedy Circle)

Date: Tuesday, 10/6/2026

Locations and times:

- 10am: **Norumbega Gardens** community room (56 Ash St)
- 11am: **Hamilton Grove** community room (541 Grove St)

Date: Wednesday, 10/7/2026

Locations and times:

- 10am: **New Hyde** community room (82 Lincoln St)
- 11am: **Echo Ridge** community room (76 Thurston Rd)
- 12pm: **Parker House** community room (21 Parker St)